Strawberry Sorbet

Makes 2 cups

2 cups frozen strawberries

2 tablespoons honey (optional)

Place the frozen berries in the bowl of a chopper or food processor, pulse several times to start, then puree till smooth. If you are having trouble because the berries are too hard, sprinkle a few drops of warm water over the berries.

Put the sorbet in an airtight container and freeze for 30 minutes to set.